

## **Call to Improve Women's Awareness Regarding Emergency Contra- ception in Arab Societies**

Birth spacing means allowing three years or more between two children or two pregnancies. Globally, contraceptive prevalence among married women has increased from 30 percent in the early 1960s to 58 percent in 1998. In ISLAM, the Quran had clearly Indicated the proper time span which should elapse between the birth of one child and the next. The carrying of the child (pregnancy) to Fissal is (weaning) a period of thirty months.

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