

# **Evidence-Based Practice in Midwifery and Maternity Nursing for Excellent Quality of Care Outcomes**

Evidence-based (EB) was defined as the explicit, conscientious, and judicious usage of the current best evidence in decision making regarding the individual patients' care. The aim of EBP is to do the right thing, at the right time, for the right person, in other words ensure quality care for the individual client.

**Keywords:** evidence-based practice, midwifery, quality of care