

Integrative Nursing Science in Women's Pre-conceptual Wellness

Women's health care has separated childbearing from health promotion and management of chronic health. A critical dimension of an integrative nursing of women's health is bringing together childbearing with women's health during the life span. This integration is needed in areas such as preconception care. When Women's Health Care is viewed as an integrated continuum approach to health, rather than as a series of episodic events, higher levels of women's wellness will be achieved. An integrative science enhances research promoting women's health and patterns of care aimed at disease prevention. This article represents nursing Science in Women's Pre-conceptual Wellness.

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