Relationship Between Women's Intention for Female Genital Mutilation and Their Exposure to Complication and Pressure

Background

The most cited reasons for Female Genital Mutilation practice include a fear of being rejected by the community, preparing the girl for marriage, ensuring premarital virginity, and preventing marital fidelity, also with spiritual support and cultural tradition.

Aim: The present study was carried out to estimate the relationship between Women's Intention for Female Genital Mutilation and their Exposure to Complications and Pressure.

Subject & Methods: A Descriptive Cross-sectional study on the convenience sample at family health centers in different sitting at Beni-Suef Governorate was conducted. A Structured Interviewing Questionnaire sheet, which includes two sections: Socio-demographic data and Intention to practice Female Genital Mutilation.

Results: Around half of the participants (47.9 %) supported the continuation of Female Genital Mutilation (FGM) for young generations. Most females who experience FGM (79.3 %) have no intention of circumcision their daughter. Most females (54.6 %) of females who didn't expose to complications from FGM didn't decide yet if their will mutilate their daughter. Moreover, 8.6 % & 4.6 % who were exposed to pain and bleeding, respectively, hadn't intended to mutilate their daughters. Also, 85.9 % who did not disclose to pressure from neighbors hadn't Intention to mutilate their daughters.

Conclusion: An association between women's Intention to circumcise their daughters and the source of their information was found. There was an association between women's Intention for mutilation and the complications they have been exposed to. There was an association between women's Intention for mutilation and their exposure to pressure from family or neighbors.

Recommendations: Alleviate females' Intention toward Female Genital Mutilation should be established by improving females' resistance toward family or neighbors regarding destructive and harmful traditions.

Keywords: Relationship, Intention, Female Genital Mutilation, Complication, Pressure