

# **Survivors from Cervical Cancer: Impact of an Educational Program on Self-Knowledge and Body-Image**

**Background:** Body image relates to how one mentally perceives and subjectively experiences his or her body. Cervical cancer affects all aspects of a patient's life, including body image.

**Aim:** The current study is conducted to evaluate the impact of an educational program on self-knowledge and body-image among survivors from cervical cancer.

**Methods and Design:** A quasi-experimental design.

**Setting:** out-patient clinic in the oncology unit at Beni-Suef University Hospital.

**Subjects:** A purposive sample of 70 women.

**Tools:** Structured interviewing questionnaire sheet, a scoring system for women's knowledge about cervical cancer, Body Image Scale, and supportive educational booklet.

**Results:** The results of the study revealed improvements in women's self-body-image and self-knowledge regarding cervical cancer post-program compared to pre-one.

**Conclusion:** The teaching program was very effective in improving knowledge and body image for women with cervical cancer.

**Recommendations:** Women's counseling activities for women regarding cervical cancer need to be popularized and facilities and decision-making aids are made available to those who need them.

**Keywords:** Cervical Cancer; Women's Knowledge; Body Image