

Impact of an Educational Program on Sexual Distress Associated with Cervical Cancer

Background: Sexual distress is a broad term encompassing any sexual discomfort and dysfunction that includes decreased libido, difficulty achieving orgasm, dyspareunia, vaginal dryness, and vaginismus. In fact, sexual distress can cause stress and anxiety in individuals. **Aim:** study the impact of an educational program on sexual distress of women with cervical cancer. **Methods; Design:** A quasi-experimental design. *Setting:* out-patient clinic in the oncology unit at Beni-Suef University Hospital. **Subjects:** A purposive sample of 70 women. **Tools:** structured interviewing questionnaire sheet, and female sexual distress scale. **Results:** The results of the study revealed regression of all items of women's sexual distress scores post-program compared to pre-one. **Conclusion:** The teaching program was very effective in regression of all items of sexual distress scale; for women with cervical cancer. **Recommendations:** Women's counseling activities for women regarding cervical cancer, sexuality, and sexual distress need to be popularized and facilities and decision-making aids made available to those who need them.

Keywords: Cervical Cancer, Sexual Distress