Study Women Verbal and Nonverbal Response, during Their First Gynecological Examination

Aim: study women response during and post their first gynecological examination. **Setting**: The study was conducted at the gynecological clinic at Ain-Shams University Maternity Hospital. Subjects and methods: A descriptive study design. Sampling: Sample size was 199 from females who attended to the previously mentioned study setting for the first time. Sample type: A purposive sample. **Tools**: four tools of data collection were used. (I): A Structured interviewing questionnaire; (II): The emotional situational nonverbal response questionnaire; (III): The situational verbal response checklist; (IV): The visual analogue scale to assess pain level. Results: The present study results had revealed that majority of the studied sample had incorrect knowledge. Also 76% among studied sample reported that gynecological examination was a stressful event, majority of women said that it is immoral to expose intimate part, furthermore 63% of the studied sample complain of moderate pain during gynecological examination, also 59% among the studied sample was irritable and completely correspond and most of the women were cooperative and completely correspond during gynecological examination, also 63% among studied sample recommend female, not male gynecologist. Additionally, the main barriers self-reported by the women were No pre and post gynecological instruction 29% and the presence of male gynecologist 14%, and difficulty in transportation. Conclusion: the present study concluded that the majority of the studied sample had incorrect knowledge. Also, most of them corresponding with negatively verbal and nonverbal emotional response as well as the majority were embarrassment, first gynecological examination was a stressful event, and it was immoral to expose intimate part. Recommendation: design purshors, guideline, and poster concerning the importance and technique of female gynecological examination.

Keywords: verbal, nonverbal, response, gynecological examination