

Effect of Educational Program on Quality of Life Improvement for Women Undergoing Gynecological and Breast Cancer Treatment

Background: Breast and gynecological cancer are the most common type of cancer in women. Cancer rehabilitation programs could offer a systematic approach to providing follow-up care, With subsequent effects on the physical, psychological and social dimensions of their QOL. **Aim of the study was to** assess the effectiveness of educational program on QOL improvement in women undergoing treatment for gynecological and breast cancer. **Study design:** A quasi experimental study design. **Sample and settings:** A randomly selected sample of 100 women diagnosed with gynecological and breast cancer who attended the oncology institute, and divided to two groups, the study group and control group. **Tool:** for assessment of QOL this included; functional assessment of cancer therapy-general **Results:** Quality of life of the intervention group with breast and gynecological cancer have been improved under the influence of educational program also the this improvement has occurred in physical, social, emotional, and functional well-being subscales. **Conclusion and Recommendations:** The educational program showed evidence of improved QOL, with a reduction in the sexual dysfunction, and lower stress levels. It was suggested to heighten awareness about the breast and gynecological cancer treatment-related side effects among the nursing staff.

Keywords: Gynecological cancer- Reproductive concerns-Sexual dysfunction- Quality of life "QOL".