

Emitted Dose and Lung Deposition from Certain Inhalation Device

Thesis

Submitted for partial fulfillment of Doctor of Philosophy
Degree in Clinical Pharmacy

By

Raghda Roshdy Sayed Hussein

Master in Clinical Pharmacy
Faculty of Pharmacy
Beni-Suef University

Supervised by

Dr. Heba Farouk Salem

Associate Professor of Pharmaceutics & Industrial Pharmacy
Faculty of Pharmacy
Beni-Suef University

Dr. Mohamed Emam Abdelmobde Abdelrahim

Assistant Professor of Clinical Pharmacy
Faculty of Pharmacy
Beni-Suef University

Dr. Amira Shabaan Ahmed Said

Lecture of Clinical Pharmacy
Faculty of Pharmacy
Beni-Suef University

Faculty of Pharmacy
Beni-Suef University
2015

Emitted dose and lung deposition from certain inhalation devise

Abstract

Keys words: salbutamol, pressurized metered dose inhaler, Spacer, urine, mean median aerodynamic diameter, fine particle dose, fine particle fraction, relative lung bioavailability. The main aim was to use a urinary pharmacokinetic method for salbutamol to determine the relative lung and systemic bioavailability following inhalation through the usage of high performance liquid chromatography (HPLC) with ultraviolet (UV) detector and to measure the in-vitro characteristics of the emitted dose by these inhalation methods. Two new, accurate and sensitive high performance liquid chromatography methods for the determination of salbutamol in aqueous and urine samples were validated. Salbutamol was extracted using solid phase extraction with bambeterol as internal standard. The accuracy, precision, lower limit of detection and recovery for both methods were within recognized limits.

The in-vitro characteristics of salbutamol sulphate emitted from Ventoline® pressurized metered dose inhaler(p MDI) were measured according to standard methodology as well as adaptation of this methodology to routine patient use. The dose emission of salbutamol sulphate from a Ventoline® pressurized metered dose inhaler was determined using an inhalation flows of 28.6L min⁻¹. The particle size distribution was measured using an Anderson Cascade Impactor (ACI).

The in-vitro dose emission characteristics of salbutamol sulphate from Ventoline® pMDI were measured according to the standard compendial methodology at a flow of 28.3 L min⁻¹ . The total emitted dose (TED) and particle size distribution of salbutamol sulphate from the Ventoline® MDI were determined with different spacers (Aerochamber MV, Aerochamber Vent and Aerochamber Mini spacers). The MDI with Aerochamber MV spacer resulted in the smallest mass median aerodynamic diameter (MMAD) and the highest fine particle fraction (FPF). The pMDI with Aerochamber MR resulted in the highest fine particle diameter (FPD).

Twelve non- invasive mechanically ventilated patients (6 females) completed in-vivo urinary salbutamol pharmacokinetic study to determine the relative bioavailability following inhalation. The amount of salbutamol excreted 30 minutes post inhalation can be used as an index of the lung deposition. The amount of salbutamol excreted 24 hour post inhalation can be used as an index of the systemic bioavailability. One dose of 1200 mcg salbutamol sulphate found in 12 puffs from Ventoline® pMDI through the usage of Aerochamber MV, Aerochamber Vent and Aerochamber Mini spacers fitted from one side to the continuous pressure airway pressure (CPAP) as non-invasive ventilator and the other side was sealed to the facemask of the patient and amounts of urinary salbutamol excreted 0.5 and 24 hour post dosing were measured This thesis was an extension for the urinary pharmacokinetic method to be used for comparing the efficacy of three different spacers in vitro and in vivo.

*This work is dedicated to
my parents, my husband, and my sons.*

List of Publication

Sections of this thesis have already been published in the following form:

1. **Raghda R.S. Hussein**, Ahmed Hassan, Hoda Rabea, , Randa Salah Eldin, Maha M Abdelrahman, Amira S.A. Said, Heba F. Salem Mohamed E. Abdelrahim , In-vitro characterization of the aerosolized dose during non-invasive ventilation: JOURNAL OF AEROSOL MEDICINE AND PULMONARY DRUG DELIVERY Volume 28. Presented as poster in 20th Congress of the International Society of Aerosol in Medicine, Munich Holiday Inn-City Center, Germany,2015.
2. **Raghda R.S. Hussein.**, Ahmed Hassan, Hoda Rabea, , Randa Salah Eldin, Maha M Abdelrahman, Amira S.A. Said, Heba F. Salem Mohamed E. Abdelrahim , In-vitro characterization of the aerosolized dose during non-invasive ventilation(in press for publication in J Aerosol Med)
3. **Raghda.R.S.Hussein,Mohammed.E.A.Abdelrahim,AmiraS.A.Said,Maha.A.Abdelrahman,Heba F.Salem** ,In-Vivo Comparison of Aerosol Drug DeliveryIn Patients Receiving Noninvasive Positive Pressure Ventilation Through Pressurized Metered Dose Inhaler with Different Spacer Devices(in press for publication)
4. Raghda R.S. Hussein, **paper of correlation of in-vivo to in vitro**

Acknowledgement

I am sincerely and deeply grateful for Prof. Mohamed Emam Abdelrahim Assistant Professor of Clinical pharmacy, and head of department of Clinical Pharmacy, Faculty of Pharmacy, University of Beni-Suef for his instructive supervision, valuable guidance, unlimited help, advice and encouragement during this work.

I am very grateful for the patience, help and sponsorship I received from Dr. Heba Farouk Associate Professor of pharmaceuticals and Industrial Pharmacy Faculty of Pharmacy, University of Beni-Suef for her help during my work .

I would like to express my sincere gratitude and heartily gratefulness to Dr. Amira Shabban Ahmed Lecturer of Clinical Pharmacy, University of Beni-Suef for her fruitful and continuous advice and encouragement and the supervision during this work.

A special and deep gratitude to Dr. Maha Ahmed Abdelrahman Lecturer of Analytical Chemistry, Faculty of Pharmacy, University of Beni-Suef for her and unlimited help and encouragement during the work. .

Many Thanks for Dr. Saad Hussein the director of the hospital of chest for letting me in the Respiratory care unit of the hospital and helping and directing me in the study part of this thesis which were done.

I am very grateful for my colleague Dr. Mariina Emad Demonstrator of Clinical Pharmacy, Faculty of Pharmacy, Beni Suef University for her great efforts ,time and her continuous support,I think that without her, I couldn,t finish the practical part.

I would like to thank the doctors and nursing staff in Beni-Suef University hospital and the Hospital of Chest for their hospitality and help during my work in the hospital especially Sister Magdah and Sister Mona for their great assistant.

A special and deep gratitude to my mother for her kindness and unlimited patient and encouragement during the work .

I am deeply grateful for my husband for his unlimited and warm love, help and supports during the difficult times we faced in the work of this thesis. He made me a great environment that helped me to achieve this thesis. Without his help I could not have done this thesis.

I would like to thank all the members of the Department of Clinical Pharmacy, Faculty of Pharmacy, Beni-Suef University for the friendly environment, which helped very much during the work.

I would like to thank all the members of Faculty of Pharmacy, University of Beni-Suef for their patient on me and their friendship and help.

Finally I would like to offer a warm thanks to my sisters, my brother and relatives for their constant encouragement, help and love. Special thanks are sent for Google Scholar and my lovely notebook. ^^ ^^